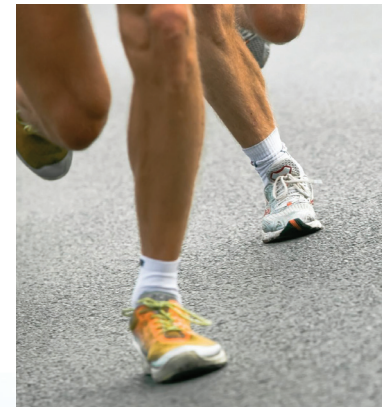




# A YEAR OF GAMES



**After a very successful 2011 here at 5 Boroughs Partnership NHS Foundation Trust, we have embarked on 'a year of games' in the run up to the 2012 Olympic Games.**

The focus this year is to coordinate or interact with an event which can involve as many members of staff from the Trust as possible, below is an overview of the coming months and what is involved

**MARCH:** 'Zumbathon' – this is an open invitation for members of staff and any of their friends to come along to a nearby sports hall one evening to take part in a 2 hour zumba class. This is linked in to Sport Relief and hopes to raise money on the run up to and then during the event.

**MAY:** Manchester 10K – we have secured 80 places on this run for staff from the Trust to take part in the Manchester 10K. We have split them up into two teams and created our own internal competition which will add up all of the times for everyone in the team and come up with an overall fastest team time to complete the course!

**June:** Heats for 2012 Corporate Games – the Trust is hoping to enter a number of teams into the different heat stages in preparation for the 2012 games in September

**JULY:** Rounders Tournament – after a very successful rounders tournament last year, the Trust is running it again, hoping to have more teams, more games and ultimately more fun!



## CONTACT FOR FURTHER INFORMATION

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