University Hospital South Manchester - Integrated Care Training Tools







Integrated Community Care Team

The Integrated Community Care Team have developed three tools to enable any organisation involved in similar projects to use. These are;

- The vision of integrated care video provides a view of how 'integrated working' can help keep patients living healthier lives in their community.
- Analgesia, understanding pain and how to deal with it, provides a basic understanding of pain and the types of medicines available and alternative methods to medication.
- The Single Assessment document captures the baseline information and builds a holistic picture of a patients' condition enabling a care plan to be formulated.

The Vision of Integrated Care

The video lays out the direction being taken in Manchester with regard to integrated health and social care support. Teams of Social Care staff, District Nurses and GP's have been working together in Multi Disciplinary teams across the South of Manchester. With the aim to provide patients with a more joined up service enabling them to receive treatment and support in their home rather than having to attend a number of locations for different treatments. Included in the offering is a rapid response service, palliative care team and sitting service. This approach has resulted in a large number of avoided hospital admissions during the last 12 months.

Sections include:

- 1. Introduction
- 2. Animation
- 3. Patient Stories
- **4.** Staff stories
- **5.** Summary

Single Assessment Tool

Working across all disciplines of health and care support, a joint working document has been produced to establish a baseline status of a patients. This takes into account a holistic view of the patients' wants, needs and aspirations alongside their medical conditions. It is Care Act compliant, provides a section where the patients care plan can be recorded and also includes an assessment of frailty. Any specialist assessments (i.e. safeguarding, diabetes etc) required for the patient will still need to be carried out but concentrating on the conditions being experienced as all the demographic and baseline data will already have been collected.

Sections include:

- 1. Demographics
- 2. Referral Data
- 3. Consent
- **4.** Holistic picture
- 5. Assessment data
- 6. Care Act compliance
- 7. Frailty Assessment

Analgesia

"Understanding pain and how to deal with it" provides a basic understanding of pain, the various treatments available and how to make the most effective use of prescribed medication.

It has been designed to assist any adult suffering from pain as well as family, friends and carers who have little or no medical training in the care of people they may be required to support. Also looking at alternatives to medication that may help the person overcome episodes of pain without the use of medication.

Section include:

- 1. What is Analgesia
- 2. Managing pain
- 3. Tips for living with pain
- 4. Types of Analgesics
- 5. Common issues
- 6. Alternative methods
- 7. Pain management
- 8. Analgesics explained