

ALCOHOL ASSESSMENT SHEET – AUDIT

FILE IN SECTION 3

Blackpool, Fylde and Wyre Hospitals

Abbreviations used in this document to be listed here with the full description:

AUDIT – Alcohol Use Disorders Identification Test

AUDIT-C – First 3 questions of the AUDIT

ALNS- Alcohol Liaison Nurse Specialists

Write patient details or affix Identification label

Hospital Number:

Name:

Address:

Date of Birth:

NHS Number:

AUDIT-C

Questions	Scoring system					Patient's Score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	

'AUDIT-C' SCORING (This is for guidance and should not over-rule clinical judgement)

Score of 4 or less on AUDIT-C – No further action required

Score of 5-7 on AUDIT-C – Give brief advice. Consider a referral to the ALNS

Score of 8-12 on AUDIT-C - Refer to ALNS. Assess need for chlordiazepoxide - prescribe as

SCORE

AUDIT SCORING (Score on full AUDIT)

0 – 7 Lower risk

8 – 15 Increasing risk

16 – 19 Higher risk

20+ Possible

Signature: _____ Print name: _____

Designation: _____ Date: _____