




CARE
BY
DESIGN

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Alder Hey Children's 
NHS Foundation Trust



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Health Care Assistant Development
Designed by Healthcare Assistants
for Healthcare Assistants

Alder Hey Children's NHS Foundation Trust

Care by design

Driven by innovation and the desire to enhance the experiences of our patients and their families, we are launching a development programme designed by Healthcare Assistants for Healthcare Assistants.

This visionary programme has been specifically designed to enhance the knowledge and skills you need to provide a consistent standard of excellence in the care of children and their families.

To give you more information about the programme, we have provided a summary in this leaflet of the key subjects and learning you can expect from the programme.

Flexibility with you in mind

The programme has been designed with you in mind and recognises that it is not always possible to attend formal courses in a classroom for the day. The programme can offer you bite size learning experiences, allowing you to choose when you learn throughout the year at a time more convenient for you. It will offer you a combined approach to learning or updating care skills using practical and information sessions. You will then be able to transfer the knowledge and skills into all aspects of your care ensuring that the child and family receive a consistent high standard first time, every time.

The Programme

The programme itself contains bite size learning sessions. Some sessions will remain core to the programme but the programme may be amended to reflect the changing care needs of the child and family or demands of service.

The sessions include

Policy and guidance for HCA's, Privacy and Dignity, Communication, Play and Distraction, Nutrition, Taking observations, Bereavement Care and well as a variety of clinical skills sessions.

How to get on to the programme

Ideally this development should be identified as part of your personal development review. Sessions will be advertised on the Intranet and in the Trust newsletters with further information on how to book onto sessions.

Life after the programme

Once you have completed your programme of learning there can be other learning activities you may wish to consider should you wish to do so. As part of the programme you will be advised on your next steps and other learning opportunities which may be available to you. The main aim of the programme is to provide a consistent approach HCA development and patient care.

Other Resources for HCA's

At The Royal College of Nursing:
www.rcn.org.uk/development/health_care_support_workers

At Skills for Health:
www.skillsforhealth.org

Who to contact?

If you would like to know any more information about the programme please contact our dedicated email address:
learninganddevelopment@alderhey.nhs.uk

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